

---

**Disclosure Form Part One**

SISC-SELF INSURED SCHOOLS OF CALIFORNIA

Home Region: California

10/1/23 through 9/30/24

**Principal benefits for Kaiser Permanente Traditional HMO Plan****Accumulation Period**

The Accumulation Period for this plan is January 1 through December 31.

**Out-of-Pocket Maximums and Deductibles**

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

<b>Amounts Per Accumulation Period</b>	<b>Self-Only Coverage</b> (a Family of one Member)	<b>Family Coverage</b> Each Member in a Family of two or more Members	<b>Family Coverage</b> Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000
Plan Deductible	None	None	None
Drug Deductible	None	None	None

**Plan Provider Office Visits**

Most Primary Care Visits and most Non-Physician Specialist Visits.....	<b>You Pay</b> No charge
Most Physician Specialist Visits .....	No charge
Routine physical maintenance exams, including well-woman exams ....	No charge
Well-child preventive exams (through age 23 months) .....	No charge
Scheduled prenatal care exams.....	No charge
Routine eye exams with a Plan Optometrist .....	No charge
Urgent care consultations, evaluations, and treatment .....	No charge
Most physical, occupational, and speech therapy.....	No charge

**Telehealth Visits**

Primary Care Visits and Non-Physician Specialist Visits by interactive video .....	<b>You Pay</b> No charge
Physician Specialist Visits by interactive video .....	No charge
Primary Care Visits and Non-Physician Specialist Visits by telephone..	No charge
Physician Specialist Visits by telephone .....	No charge

**Outpatient Services**

Outpatient surgery and certain other outpatient procedures.....	<b>You Pay</b> No charge
Most immunizations (including the vaccine).....	No charge
Most X-rays and laboratory tests.....	No charge

**Hospitalization Services**

Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs .....	<b>You Pay</b> No charge
--	-----------------------------

**Emergency Health Coverage**

Emergency Department visits .....	<b>You Pay</b> \$100 per visit
-----------------------------------	-----------------------------------

Note: If you are admitted directly to the hospital as an inpatient for covered Services, you will pay the inpatient Cost Share instead of the Emergency Department Cost Share (see "Hospitalization Services" for inpatient Cost Share)

**Ambulance Services**

Ambulance Services.....	<b>You Pay</b> \$50 per trip
-------------------------	---------------------------------

**Prescription Drug Coverage**

Covered outpatient items in accord with our drug formulary guidelines:	<b>You Pay</b>
Most generic items (Tier 1) at a Plan Pharmacy or through our mail-order service.....	\$5 for up to a 100-day supply
Most brand-name items (Tier 2) at a Plan Pharmacy or through our mail-order service .....	\$5 for up to a 100-day supply
Most specialty items (Tier 4) at a Plan Pharmacy .....	\$5 for up to a 30-day supply

**Durable Medical Equipment (DME)**

DME items as described in the EOC.....	<b>You Pay</b> No charge
--	-----------------------------

**Mental Health Services**

Inpatient psychiatric hospitalization.....	<b>You Pay</b> No charge
Individual outpatient mental health evaluation and treatment .....	No charge

(continues)

**Disclosure Form Part One**

(continued)

<b>Mental Health Services</b>	<b>You Pay</b>
Group outpatient mental health treatment.....	No charge
<b>Substance Use Disorder Treatment</b>	<b>You Pay</b>
Inpatient detoxification.....	No charge
Individual outpatient substance use disorder evaluation and treatment	No charge
Group outpatient substance use disorder treatment .....	No charge
<b>Home Health Services</b>	<b>You Pay</b>
Home health care (up to 100 visits per Accumulation Period) .....	No charge
<b>Other</b>	<b>You Pay</b>
Eyeglasses or contact lenses:	
Eyeglass frame every 24 months .....	Amount in excess of \$150 Allowance
Regular eyeglass lenses every 12 months.....	No charge
Contact lenses every 12 months .....	Amount in excess of \$150 Allowance
Hearing aids every 36 months.....	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period) .....	No charge
Prosthetic and orthotic devices as described in the <i>EOC</i> .....	No charge
Services to diagnose or treat infertility and artificial insemination (such as outpatient procedures or laboratory tests) as described in the <i>EOC</i> .....	the Cost Share you would pay if the Services were to treat any other condition
Assisted reproductive technology ("ART") Services.....	Not covered
Hospice care .....	No charge

<b>Chiropractic and Acupuncture Coverage (through ASH Plans)</b>	<b>You Pay</b>
Up to a combined total of 30 Chiropractic and Acupuncture visits per year .....	\$10 copay per visit
Kaiser Permanente contracts with American Specialty Health Plans (ASH) to provide chiropractic and acupuncture care. Members must receive all their benefits from ASH Plans participating providers. ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services (including laboratory tests, X-rays, and chiropractic appliances). ASH Plans contracts with Participating Providers to provide acupuncture care (including adjunctive therapies, such as acupressure, moxibustion, or breathing techniques, when provided during the same course of treatment and in conjunction with acupuncture). You must receive covered Services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Emergency Acupuncture Services, Urgent Chiropractic Services, and Urgent Acupuncture Services, and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans. The list of Participating Providers is available on the ASH Plans website at <a href="http://www.ashlink.com/ash/kp">www.ashlink.com/ash/kp</a> or from the ASH Plans Customer Service Department at <b>1-800-678-9133</b> . The list of Participating Providers is subject to change at any time without notice.	

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).